

Credits: 9

Italian code: MPSI/07 (old) – PSIC/04 A (new)

**Course: Dynamic Psychology** 

Main language of instruction: Italian Other language of instruction: English

## **Head instructor**

Prof. Dario Davì - dario.davi@unicusano.it

## **Objectives**

The course in Dynamic Psychology is implemented through a presentation, in historical-chronological order, of the thought of the protagonists of the discipline, from its origins, constituted by Freudian theorizing, to the contemporary era, characterized by interdisciplinary dialogue particularly with neuroscience and humanistic-existential approaches. Within the modules, space is devoted to research in the psychodynamic field, with its methods and tools, to clinical and psychopathology, and to the subsequent assessment carried out with manuals and protocols, which find, in the present day, widespread application in diagnostic and psychotherapeutic Training Objectives.

## **Course structure**

- 1. Knowledge of the theoretical development of the discipline in its historical and conceptual steps
- 2. Knowledge of the applied areas of the discipline, particularly related to a. Research b. Clinical
- c. Psychopathology
- 3. Knowledge of psychodynamic language for understanding psychic phenomena
- 4. Knowledge of the main psychodynamic manuals for assessing and understanding psychic suffering
- 5. Knowledge of the genesis and development of psychopathology from a psychodynamic perspective



# **Competencies**

# A. Knowledge and understanding

By the end of the course the student will have acquired an awareness of the development of psychodynamic theoretical thought through knowledge of the authors presented, in particular the conceptual links between one orientation and another. They will also be able to relate theory to its practical application in research and treatment

#### B. Communication skills:

Through the acquisition of technical language related to the discipline, students will improve their ability to express concepts related to dynamic psychology and to communicate them in professional contexts. dynamic psychology and to communicate them in professional contexts

# C. Learning skills:

Through the acquisition of technical language related to the discipline, students will improve their ability to express concepts related to dynamic psychology and to communicate them in professional contexts. dynamic psychology and to communicate them in professional contexts.

#### **Evaluation system and criteria**

The examination consists of a written test. This includes:

- 3 open-ended questions (6 marks each for a total of 18 out of 30 marks).

#### **Bibliography and resources**

- Freud, S. (1989) The Ego and the Id.
- Gabbard, Litowitz, Williams, (2024) Textbook of psychoanalysis, Third Edition
- Gabbard, G. O. (2014). Psychodynamic psychiatry in clinical practice.