

Credits: 6

Italian code: MPSI/07 (old) – PSIC/04 A (new)

Course: Psychology of Groups

Main language of instruction: Italian Other language of instruction: English

Head instructor

Prof. Dario Davì - dario.davi@unicusano.it

Objectives

The aim of the Psychology of Groups course is to provide students with an in-depth knowledge of the different theoretical perspectives on groups and the different areas of application such as training, psychotherapy and research in private and public, organisational and institutional contexts. The course therefore aims to provide students with a basic knowledge of the psychodynamic functioning of groups through the study of theories, methods and tools necessary for clinical practice.

Course structure

- introduction
- the group field
- group dynamics
- training groups
- therapeutic groups

Competencies

A. Knowledge and understanding

By the end of the course the student will have demonstrated knowledge of the different theories of understanding group functioning and will have acquired the ability to analyse them. He/she will have understood the theories of Kurt Lewin, the psychodynamic models of reading the group (Freud, Bion, Foulkes) and the intersubjective and relational perspectives on groups.



B. Communication skills:

The student will be able to describe and sustain conversations about the characteristics specifics of groups and the various inherent application areas, using terminology appropriate.

C. Learning skills:

The student at the end of the course to "read" through a group perspective situations and experiences observed in clinical and/or organizational settings. He/she will also be able to design and organize, in broad outline, a group device appropriate to the objectives and conditions of the context in which it will be applied.

Evaluation system and criteria

The examination consists of a written test. This includes:

- 3 open-ended questions (6 marks each for a total of 18 out of 30 marks).

Bibliography and resources

- Lewin, K. (2013) Principles of topological psychology
- Bion, W. R. (2003) Experiences in groups: And other papers
- Foulkes, S. H. (2018) Therapeutic group analysis